



# PHI LAMBDA SIGMA

## PHARMACY LEADERSHIP SOCIETY

CV, Interview, and General Leadership Resources

PLS is now offering Peer to Peer resources for CV, interview, public speaking, and general leadership guidance to all interested students.

- **What does this mean?**
  - If you are interested in:
    - Partnering with a peer mentor who has experience in CV and resume formatting and content provide advice, edits, and constructive criticism on building your CV or resume.
    - Practicing mock interviews with a peer mentor to prepare for internships, residencies, and other career related events in a no stress setting.
    - Peer guidance and advice for application submissions, leadership opportunities, public speaking, and speech writing.
  
- **How am I paired up with someone?**
  - Submit your request to myself or your campus Vice President:
    - President : Ashley Rowand (STP) arowand@ufl.edu
    - Vice President : Joe Haley (STP) josephhaley@ufl.edu
    - Vice President: Petra Estep (JAX) petraestep@ufl.edu
    - Vice President: Sheena Mathew (GNV) smathew1@ufl.edu
    - Vice President: Pamela Nguyen (ORL) pamelanguyen@ufl.edu
  - In your request include the following information:
    - Your Name, class year, email, phone, best way to reach you
    - Brief synopsis of what you are looking for help with
    - Special requests for your peer mentor such as campus, class year, gender, someone with experience with \_\_\_\_\_, specific person, etc.
  
- **When is this available?**
  - This service will be available all year including summers and winter break. However, response time may vary depending on holidays and exam schedules. The earlier you submit a request, the better chance of being paired up before a deadline.
  - All information and request will be kept private between Dr. McKenzie, myself, your campus Vice President, and your assigned mentor.



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- **What about the career center and the workshops that student organizations provide on campus concerning these topics?**
  - They are great resources and PLS highly encourages you to continue to use them!!!!
  - This is meant to supplement these resources and is for students looking for one on one peer help, on their own time, at any point during the year.
  - Students will get advice from someone who has recently been in their shoes and can provide personalized feedback specific to their needs 24/7.

Have questions? Please feel free to reach out to myself or your campus Vice President.

Ashley Rowand  
PLS President  
arowand@ufl.edu