FSHP Annual, Hammering out the Details

By Funnce Liu, FSHP Clinical Skills Competition Coordinator

As a rising second year pharmacy student, the FSHP Annual Meeting was a great opportunity to not just see an actual conference in the professional world but also to learn things pertinent to my own development as student. Topics of discussion ranged from practically applicable such as use of the PhORCAS residency application system for fourth years to ones that would be important in the future as a practicing pharmacist, such as dealing with reporting substance abuse.

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Kickball with GPW
By Whitney Ruddock, GPW President

On August 28th, GPW carried out its 2nd Annual 1PD versus the Upperclassmen Kickball Game. Just about 40 students came out to represent their classes in the noblest sport ever played. It was a close game, but the win went to the 1PDs who beat the Upperclassmen 8-7!

Way to go Class of 2017! Those students who couldn’t get enough kickball used GPW’s Intramural Facebook group to start an intramural team, The Pharmacists (2-0).

This semester GPW added a new event to its roster. On September 16th, The Kappa Psi-GPW Dodgeball Tournament tested pharmer’s reflexes and coordination as they dived, ducked, dipped and dodged around the Flavet Multi-Purpose Courts.

Visit GPW on Facebook (https://www.facebook.com/RxPhIT) for fun health facts, healthy recipes, and more information on our upcoming events: another kickball game on October 14th (tentative), Alzheimer’s Walk with APhA-ASP’s Geriatric Awareness and SNPhA on October 19th, Eat This, Not That Jeopardy on October 23rd, and Saturday morning stadium Boot Camp on October 26th (tentative). ♥

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Walking through the conference center was an experience in itself. While we are often told of the many types of possibilities in our profession, we rarely see a tangible representation when confined within the walls of our school. The sheer number of vendors and exhibits were eye opening as real-life examples of just how extensive the pharmacy world can be.

Networking is a simple concept but difficult to execute often because of our own inhibitions. So you could imagine my anticipation when I discovered that another luxury afforded to us on our student track of panels and events was “speed dating” with established pharmacists.

In pharmacotherapy class you can learn passively, but with relationships, you have to build proactively. So when life throws them at you, pick up your hammer and start putting up the drywall. We have only had a taste of all that the FSHP Annual Meeting has to offer, but we like what we see. ♥

Get to Know a Professor | Anthony Palmieri III, Ph.D., R.Ph.
By Marie Barnicoat, 2PD

1. If you weren’t in the pharmaceutical field, what career would you have?
   I would probably be in the antique/junk business.

2. What was the make and model of the first car you owned?

3. If you could trade places with someone for a week, living or dead, real or fictional, with whom would it be?
   As a historical figure I would have loved to be William Proctor, Jr. known as the father of American pharmacy. As for a living person, Stephen King to see how his mind works and how he develops his story lines and characters.

4. You are a past regent and involved in Kappa Psi, what is your best memory?
   My favorite memory was when I was appointed Editor of the MASK, our magazine. I was editor for 15 years and when I gave that up I was named editor emeritus. Another great memory was my two years as Grand Regent (national president) because I traveled a lot to visit chapters and see students.

5. Where is your favorite place to eat in Gainesville?
   Favorite place to eat is Amelia’s Italian restaurant near the Hippodrome. ♥
Pharmacy students attending the University of Florida are very fortunate to have a variety of healthcare systems in Alachua County. The student chapter of the Florida Society of Health-Systems Pharmacists (FSHP) holds Hospital Tour Series for students to learn more about the role of pharmacy within the hospital setting.

Students who are new to the concept of hospital pharmacy will be able to learn how pharmacy operates on an inpatient setting (which is different from the retail setting that most people recognize). Tours are often lead by the hospital’s Director of Pharmacy or Pharmacy Education Coordinator. For those who are familiar with hospital pharmacy, this is a unique chance to learn about the career path these administrators chose.

FSHP is now offering tours in the Ambulatory Care setting. A tour of the UF Health Medical Plaza Tour will be held on October 10, where students will be able to experience pharmacy operations at specialty clinics, an infusion center, and the Medical Plaza outpatient pharmacy! Keep a lookout for more information in the near future!

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RUSH

Kappa Epsilon

By Karina Criscio, 2PD

Nothing says the start of fall semester Rush week with Kappa Epsilon! This fall was no different, as KE members worked hard to plan a week full of fun activities to promote the organization, meet the incoming new member class, and welcome back the upper classmen. Rush week started on Monday, August 26th with the Kappa Epsilon tradition of Kappa Kappachino. This event allowed all current and potential new members to come out and meet one another over coffee, desserts, and conversation. Tuesday was a night spent at Lollicup playing games and drinking delicious bubble teas. Wednesday turned out to be a night of creative success as craft night commenced, followed by Thursday’s scavenger hunt.

In order to be a Kappa Epsilon New Member you must attend two of the four Rush Week events. This year we had over 45 remarkable women eligible to become New Members. All of these ladies joined the current members at the pinning ceremony held the following week.

As new member educator, I am so amazed with all of the fantastic new members who attended Rush Week. I am even more excited to call these women official members after the initiation ceremony takes place in November. This year’s Rush Week was by far one of the most exciting and anticipated events of this semester, and we are so happy to have such a wonderful group of future pharmacists.

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FSHP Hospital Tours

By Justin Desiongco, FSHP Vice President

Since the beginning of last spring, FSHP has expanded its tours to four hospital settings spread out around Alachua County. Since every hospital and its pharmacy is run differently, it is very beneficial to explore the various unique operations in making future career decisions.

FSHP is now offering tours in the Ambulatory Care setting. A tour of the UF Health Medical Plaza Tour will be held on October 10, where students will be able to experience pharmacy operations at specialty clinics, an infusion center, and the Medical Plaza outpatient pharmacy! Keep a lookout for more information in the near future!
One element of the University of Florida that predates the College of Pharmacy is none other than Gator football. An established mainstay of traditions, this fall-semester pastime has always served as a healthy distraction for professional students in their freetime. In a variety of ways, tailgating contributes to the renowned “Pharmily” culture that is distinct to the UF COP.

While distance separates the College into distinct campuses, mostly all pharmacy students know where they can join their peers on game day. Decked out in orange and blue, students from all campuses and classes meet just outside the Bartram Woods, behind the HPNP Atrium. Canopy tents are erected, cornhole games are arranged, and grills are fired up. Kappa Psi and Kappa Epsilon pharmacy fraternities provide food, refreshments, and baked goods, allowing for a fun and relaxing day. When game time draws near, students accompany each other up the hill and into Ben Griffin Stadium where they have a COP student block of seating. Here, they partake in tradition and create memories.

This summer I was one of seven pharmacy students chosen nationally for the AMCP/Pfizer Managed Care Summer Internship Program, and one of the first UF students chosen in the history of the program since 1998. I spent nine weeks in Bloomington, MN at a Pharmacy Benefit Manager (PBM) called Prime Therapeutics LLC, and my tenth week at the Academy of Managed Care Pharmacy (AMCP) headquarters in Alexandria, VA. A PBM is dedicated to providing innovative, clinically based, cost-effective pharmacy solutions for clients and members. It is the largest privately held PBM in the United States that does not own any chain pharmacy stores, and provides pharmacy services for over 21 million covered lives. Some highlights of my internship was attending a Healthcare Reform Leadership Reform Summit, meet with other pharmacy interns and students at University of Minnesota, and the many pharmacy association residents such as American Pharmaceutical Association (APhA), National Association of Chain of Drug Stores (NACDS), and National Community Pharmacists Association (NCPA). After sitting in on hearings at the capitol in Washington D.C., I learned more about the growing concerns of unsustainable healthcare costs, and the increasing need of government legislation to counteract these concerns. Lastly, I met with directors at Target Corporate Headquarters in Minneapolis, MN to discuss potential changes in integrating retail systems. This internship has given me the opportunity to meet many great leaders in healthcare. I’m expected to present my findings for my research at the AMCP 2013 Nexus Conference in San Antonio, TX.
**Studying Abroad**  
By Megan Paylor, 3PD

In May, I had the opportunity to participate in PharmSCAN, one of the college’s short study abroad trips. I spent three weeks traveling throughout Finland, Norway, Denmark, and Sweden. My days were filled with learning about Scandinavian culture and pharmacy practice. I shared this journey with Dr. Normann and eight other classmates. The trip began in Finland at the University of Helsinki. We heard lectures on various topics, such as European Union public health and pharmaceutical policy and pharmacoeconomics. Our host, Dr. Airaksinen, even cooked us a typical Finnish dinner. Our next stop was Oslo, Norway. We spoke with pharmacists at a few chain pharmacies or “apoteks.” My favorite part of the trip was celebrating Norway’s Constitution Day with University of Oslo students.

In Denmark, we toured the University of Southern Denmark’s pharmacy department. We also visited Tasttrup apotek, owned by formed FIP president, Peter Kieglast. Sweden was our last stop on the trip. We spent time in Lund, Stockholm, and Uppsala. We visited two Swedish universities and the headquarters of Apoteket, a predominant chain pharmacy. This trip was not only educational, but it was also tons of fun. I made many great memories with my pharmacy peers!

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**Kappa Psi CE Program**  
By Joseph Ladd, Kappa Psi Recording Secretary

Professional standard and integrity have always been closely associated with Kappa Psi Pharmaceutical Fraternity, Inc. With this in mind, the brothers of the University of Florida Gamma Sigma chapter decided to host an opportunity for local pharmacists. Over the weekend of July 27-28, 2013 the first Pharmacist CE Program was initiated, serving local pharmacists who needed to keep their licenses up-to-date. The curriculum was comprised of the ten live CE credits mandated by the state, including two that Florida requires specifically on medication error prevention.

The event was not an easy mission and required many hours of preparation, starting in March and leading up to the weekend of the Program. Tasks included coordinating with the Accreditation Council for Pharmacy Education and the Florida Board of Pharmacy to have coursework and instructors approved, collaborating with UF’s own Office for Continuing Education to make sure attendees received credit for the continuing education classes they completed, and acquiring experts to lecture on a variety of topics.

Once kinks were worked out of the logistics, brothers needed to tackle all of the duties that normally come with putting on an event. Proper date, time and location needed to be squared away, catering service was to be negotiated and ordered, and marketing of the curriculum had to be delivered to the several surrounding counties.

Nevertheless, and despite all of the hours and work this project demanded, brothers would not have given it back for anything. Many pharmacists thanked us for providing the last-minute opportunity to attain CE credits and secure their licensures. We were applauded on the quality of the lecture content and on the presentation of our overall Program.

As for brothers, we were able to network with pharmacists in the area, make many new friends, and ask questions about areas in the field of pharmacy we did not even know existed. We were even able to speak to Kappa Psi brothers who attended from all over the state, with some who graduated as far back as 1952. Many others attended for the excuse to visit Gainesville to reunite with our brothers and relive the nostalgia.

This first Pharmacist CE Program worked to develop our chapter professionally, raise money, and maintain a solid reputation for Kappa Psi in our surrounding area. Furthermore, it gave Gamma Sigma brothers a chance to work together on a large-scale project, test our individual and group limits, and establish one more tradition – one that we can partake in as graduate brothers when it comes time to renew our licenses as pharmacists.

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I began my transition from the classroom to the real world with my adult medicine rotation at Tampa General Hospital. As one of the top hospitals in our state, I felt very blessed to be learning from such an esteemed institute, and I appreciated the structure that came along with a teaching hospital. This rotation offered everyday learning opportunities of warfarin monitoring, IV to PO conversions, antibiotic stewardship, TPN formulations, renal dose adjustments, regulation of adverse drug effects, and pharmacokinetic monitoring. In addition, the hospital offered topic discussions and presentations by a variety of preceptors and pharmacists as well as occasions for all pharmacy students to come together to learn and even present to each other. Not only did this rotation expand my pharmacy knowledge but also granted opportunities to make a difference in patients’ lives. This rotation was a very humbling and rewarding experience as I was able to share in patients’ joy as they felt better and their appreciation for contributing in their care. Rotations encourage me to care for our patients to the best of our ability, and I will always cherish the memories that are leading the way to make me a great pharmacist.

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ASP/FSHP Game Night
By Amy Shook, ASP President-elect

Gainesville APhA-ASP & FSHP Game Night 2013 was a tremendous success! More than seventy student pharmacists came out to mingle with their new classmates, APhA-ASP & FSHP officers, and Dean Normann. Of those, about 20 student leaders from both APhA-ASP and FSHP brought delicious game themed desserts and refreshments, plenty of board games, and a goofy, new photo booth.

After students got settled into playing, FSHP and APhA-ASP introduced a general overview of upcoming events and leadership opportunities within their organizations. Many students stayed past the two-hour event for a fierce match in Apples to Apples with Dean Normann.

Thank you to Dr. Doty for donating his unique and fun board games and thank you to Dean Normann for playing games with us! We look forward to next year's Game Night! ❖

Bowling with 1PDs
By Erica Bobb, 1PD

On Tuesday September 24th a bunch of the 1PDs got together for a night of fun and bowling at Splitz. Tuesdays Splitz has $4 unlimited bowling and shoe rental starting at 9:00 pm. I interviewed Amber Bradley (1PD) who was on a bowling team for three years and once bowled a 244. I asked her for some tips and here is what she suggested, “Let the weight of the ball swing your arm like a pendulum, and after the ball is released follow through with your arm. For beginners this helps prevent throwing gutter balls. Try to walk up to the line and throw the ball in a fluid motion. Don’t walk up, stop, and then throw the ball. Practicing your steps up to the line helps!” After bowling there was a dance completion where Twerk Team made up of 1PDs Irene Capistrano, Grace Chong, Alissa Diaz, Kaylie Smith, and Jillian Sullivan took home the grand prize of a $50 certificate to Splitz and Thirsty Gator Sports Bar and Grill. Congratulations to you all! ❖

The class of 2017 poses for a group photo after the first 1PD social at Splitz bowling alley.