

Resources for the St. Petersburg Campus:

- UF Counseling & Wellness Center
<http://www.counseling.ufl.edu/cwc/>
- Self Help Library
<http://www.counseling.ufl.edu/cwc/Self-Help-Library.aspx>
- NEED HELP URGENTLY? Please contact someone who can help.
<http://www.counseling.ufl.edu/cwc/Emergency.aspx>
- Immediate Self-Assessment Program
<http://www.mentalhealthscreening.org/screening/Default.aspx?&n=1>

Local Counseling Resources:

- SEMINOLE:
Jackie Martin, LMHC
1101 Belcher Rd South, Suite E
Largo, FL 33771
727-215-8809
She accepts a sliding fee scale.
- TAMPA BAY AREA
211 Tampa Bay Cares
www.211tampabay.org
call 211 on the phone
or call the Crisis Help Center (813) 234-1234
- BayCare Behavioral Health
Student Assistance Program (SAP)
<http://baycare.org/sap>
1-800-878-5470

Procedures for visiting the USF Student Health Services and the USF Counseling Center

USF Student Health Services

The USF Student Health Services provides basic primary care. For more information about the services provided please visit <http://www.shs.usf.edu/>.

As a UF student you may obtain access to the USF Student Health Services (SHS) by paying their student health fee. If you choose never to visit SHS you will never pay this fee. Most routine care is covered by the health fee while other services such as immunizations, lab work, or physician services carry an additional fee. Payment options include Visa/Mastercard credit or debit cards. SHS cannot accept cash or checks. The front counter staff can inform you of the cost of procedures. Starting in October 2008 SHS will accept many health insurance providers and the additional charges will be charged to your health insurance provider.

SHS is located east of the Phyllis Marshall Center and the Bookstore and north of the Student Services Building. The mailing address is University of South Florida, Student Health Services, 4202 East Fowler Ave. SHS100, Tampa, FL 33620-6750. Call 813-974-2331 for further information. Student Health Services is closed on weekends. After hours telephone consultation (813-974-2331) with a physician is available for urgent medical concerns.

USF Counseling Center

<http://shs.usf.edu/counseling.aspx>

If you are interested in seeking care at the USF Counseling Center you must visit the Student Health Services first, pay the student health fee, request a receipt, and then you can visit the USF Counseling Center. To schedule your first visit you will need to go to the Counseling Center, fill out an intake form, and make an initial appointment.

The Counseling Center is in the Student Services Building located in the center of the Tampa Campus of the University of South Florida (SVC 2124). The Counseling Center services are available Monday through Friday, 8:00 A.M. to 5:00 P.M. The Counseling Center is open year-round, except for university holidays. The phone number is 813-974-2831.