Information on Pre-Clinical Requirements

Third Professional Year

In accordance with the Pre-Clinical Requirements, the following documentation needs to be uploaded to the DropBox by December 1st:

1. **Flu Shot**
   You may use our form, although it is not necessary. If you do not, be sure to have your name and UFID on it, and to have it dated and signed by a health care provider. Many of you have already done this.

2. **Physical Exam**
   You may use our form, although it is not necessary. If you do not, be sure to have your name and UFID on it, and to have it dated and signed by a health care provider. A physical exam does not require blood work. A physical exam should include the following:
   - General Appearance
   - Vital Signs
   - Heart
   - Lungs
   - Abdomen
   - Extremities
   - Neurological

3. **Two-Step PPD Skin Test**
   Remember to identify yourself as a Health Care Worker (HCW)! Some facilities may not be familiar with the 2-step procedure. *Insist on it.* Show them the [CDC Guidelines](https://www.cdc.gov/tb/publications/factsheets/testing/tuberculosisf.htm)!

Below is an excerpt...

*Two-step testing is useful for the initial skin testing of adults who are going to be retested periodically, such as health care workers or nursing home residents. This two-step approach can reduce the likelihood that a boosted reaction to a subsequent TST will be misinterpreted as a recent infection.*

The 2-step PPD Skin Prick Test is usually accepted for SIX MONTHS after the series. So, please try to get tested as close to December 1 as possible. If we all use that as a marker, then you are ‘covered’ through May. That is not to say that some sites may not require something sooner. Conversely, depending on the site, you may not be required to be tested until next fall! At January’s orientation,
you will be told about where to check, and more importantly, when to check, for your upcoming rotation site’s requirements.

Additional information concerning protection from Tuberculosis:

- The second step must be completed within 12 months of the first step. The College of Pharmacy would prefer that it be done within 72 hours.
- If you have documentation of a positive PPD or have received the BCG Vaccine, you must provide documentation of 9 months INH treatment and a negative Chest X-ray (taken since December 1, 21010). Alternatively, you may provide documentation (copy of test result/titer) of a negative Interferon Gamma Release Assay (IGRA) blood test.

While requirements are on your mind, please take a moment to make sure that you have started the criminal background check, been fingerprinted, and the following are up to date:

- Health and malpractice insurance policies
- CPR (AHA/adult and child)
- Tetanus and Diphtheria (CDC Guidelines)

No two individuals’ health records are the same. This office cannot tell you when to get what. Please take a moment to review your unique health history, and make sure that you are healthy and protected for your upcoming rotations.

As will be explained in January at an orientation session, some rotation sites will require ‘Attestation Forms.’ This is where we attest to the fact that you are not only of good character (criminal background check), but that you are up to date on all of your vaccinations, certifications and insurance. You will have to meet all of the requirements of any health care worker (HCW). Go through everything listed on line in the Pre-Clinical Requirements page. If you haven’t uploaded everything listed to the DropBox already, take a moment to do so now. This is a great web based repository for your ‘papers.’ You can access them as long as you have access to a browser, and you may be asked to present them.

Finally, you may want to jot down when things are set to expire! Don’t be caught unaware if we cannot attest to something because it has expired. We also cannot attest to something if we don’t know about it. If you have renewed your CPR, for example, but the most recent one in the DropBox expired last year, then we cannot attest to you being up-to-date.